

Hosting a Screening / Watching Flux

So, you're interested in hosting
a screening of our Flux film!
Woohoo - that's great!

Flux 2022 was devised and performed
by [Mortal Fools Ensemble Young
Company](#) 2021/22 and toured in April
2022 to sell out audiences. We filmed
a version at YMCA Northumberland
working with our friends Von Fox
Promotions and that digital version is
available now for all to watch in your
own setting and/or host a screening.

A Flux screening event is the perfect
way to bring young people together
for a collective experience to watch
something meaningful that they will
relate to - we recommend planning
food/snacks ahead of the film or post
film - to break the ice or to bring folks
together. Our young people love
chatting over pizza!



The Flux Film is available to all and
free to watch - however if you are
able, we would appreciate donations
- to support our [Mortal Fools Young
People's Programmes](#).

We recommend £4 per individual/
family and £20 per community
group setting.

The filmed performance of Flux 2022
is also available to venues, youth
theatre groups, young people's film
festivals and queer festivals.



About the Flux Film

12 unique young voices come together on film, to explore what it means to question your identity in a world that feels determined to put you in a box.

Devised and performed by the young people living through this reality right now, join them in discovering that there is freedom in the flux - and that labels are for bottles, not people.

The Flux film run time is **63 mins long** and it is suitable for young people aged **11 years +**.

There are 12 members in the Flux cast - so you will see 12 people across the film.

The film is **closed captioned**.

The film is high energy and contemporary with original music featuring heavily through-out. The show depicts different perspectives, and several story threads exist through-out; the 12 cast members play different characters including versions of themselves, peers, parents, teachers, societal pressures etc.

Themes explored in the Flux film include:

- Evolution of identity
- Self-identifying vs how others perceive you
- Labels and stereotyping
- Life decision making
- Being worried about what other people think about you
- Masking and conforming
- Pressure from society, school, parents, and peers
- Expressing yourself through fashion, music, art, words, actions etc
- Celebrating individualism
- Low self-esteem and confidence
- Young people's LGBTQIA+ journey





The Flux film is perfect for a wide range of audiences and audience interests including:

Young People

- Tweens and teens growing up right now
- Young people exploring their sexuality/gender/identity
- Young leader's groups
- Community youth groups
- Young LGBTQIA+ / Pride groups
- Youth Theatre groups
- Young people feeling overwhelmed by life choices
- Neurodiverse young people
- Young people struggling with their wellbeing / feeling anxious about growing up

Adults

- Secondary school educators
- Youth workers
- Theatre & film makers passionate about co-creation and/or young people's work
- Parents and carers with tweens and teens

The film was co-created by Northumberland teenagers with professional artists and theatre makers. The film is the lived experience, insights, and creative exploration of those young people at that time woven together with characters, storylines, and original music.

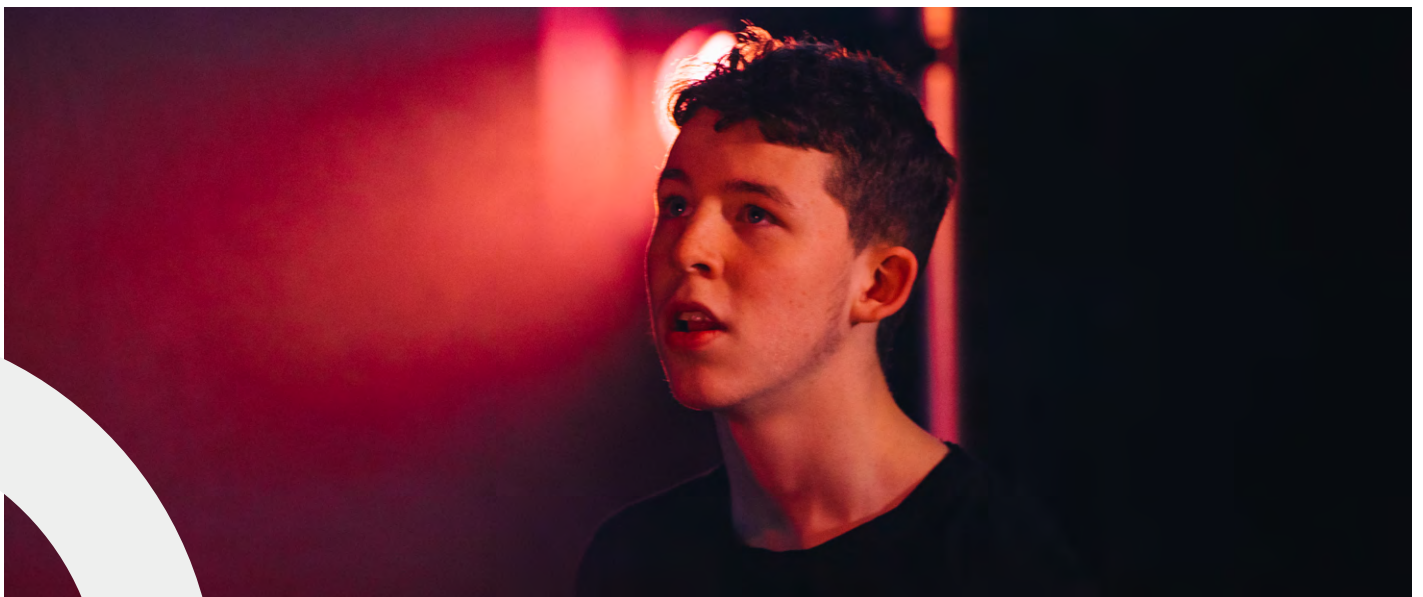
Hosting the Screening

Pre-watching - Getting Ready

- We recommend watching the film ahead of your young people or hosting a screening - so you can get a sense of it and what it's all about.
- You need to decide when, how and why you're hosting a screening of Flux and organise it. This might be as part of your regular activity with young people, something in addition or as part of a special screening event, pizza night or young people's film festival!
- We recommend finding a space to watch, where you can make the room into a mini cinema, with low lighting, comfortable seating in rows and some film snacks.
- If you're intending to watch Flux as a group - it is best watched on a larger screen instead of an iPad or phone.
- If you have good Wi-Fi, you can stream the entire film. However, if don't have Wi-Fi/good connection in the space you intend to watch, you can request to download the film ahead of watching it, so you can play it directly from your device. You can do this by emailing: elinor@mortalfools.org.uk
- Tell the young people/your intended audience about the Flux film and why they are watching it. It is important to frame it with purpose and you can share some of the film themes with them, to get folks thinking.

Watching the Film

- All Mortal Fools events and screenings are super relaxed, so we recommend you facilitate the same, enabling young people to stim, express, fidget, write in the way that they need to.
- The film is 63 minutes long - so a short feature length. You need to decide if it's appropriate to watch all in one go or to have a break in the middle or to split it across multiple sessions.



After the Film

- Due to the subject nature and themes explored in the film, we recommend sign posting your audience to our Wellbeing resource, which suggests lots of content creators, support organisations youth orgs that specialise in supporting young people with their identity expression and exploration.
- We recommend holding space for the audience after watching the film to chat about what they've watched - you could do this in a structured way with set questions or more informally (with pizza!) encouraging in the moment responses to the film. Holding space in this way takes the film watching from a passive experience, into an active and more meaningful collective experience.
- You could hone in on specific characters or storylines by using our Flux resource pack on the Flux Digital website page. Our practitioners have pulled together some activities and reflections to help youth group leaders, young people's practitioners, youth workers, teachers, home educators to go deeper into the film themes. You can use this as part of the screening or plan to using the resource pack in multiple sessions after watching the film.
- And of course, tell us what you thought of the Flux film by reaching out and connecting with us on social media via your preferred platform: [@mortalfoolsuk](#) or email: info@mortalfools.org.uk - we'd love to connect and chat!



Happy watching
and we hope you
enjoy our Flux film...

And... if you liked our Flux film - we have loads more **free** digital content for you and you can access it [here](#).

MORTAL FOOLS

Let's Connect & Chat...

You can get to know Mortal Fools, the organisation behind Flux by visiting the company website:

www.mortalfools.org.uk

Please keep in touch with us - we hope to see you at a Mortal Fools event or performance and we're always happy to chat, connect and share best practice!

If you're further afield - engage with us on socials and be part of our digital Mortal Fools community.

Quick ways to engage with Mortal Fools:

- [Join our mailing list](#) to keep up to date with all things Mortal Fools.
- Follow and engage with our content on social media - we are [@mortalfoolsuk](#) across all channels.
- [Subscribe to our YouTube Channel](#)
- Reach out to us to chat or to arrange a meeting via: info@mortalfools.org.uk



mortalfools.org.uk