

**Run Free Lyrics** - Created and performed by Mortal Fools Youth Theatre  
Stage 3 Ashington

**VERSE 1:**

Trapped inside my own mind  
I feel held back by self-doubt

I'm running through a field of freedom  
Breaking through breaking out  
A place where I'm disturbed by no one  
Flying high above the clouds

**CHORUS:**

With friends sharing music  
We'll listen again  
If escape was a person  
They'd be my best friend  
Like the waves of the ocean  
My mind would run free  
And I can just be

**VERSE 2:**

The lyrics bounce around the room  
Echoes from another world  
Waves of sound wash over me  
I twirl and I twirl and I twirl and I twirl - yeah

Don't want to be what they see  
I can't find the way out  
In times like these I retreat into dreams

To renew what I can't be without

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A place where I'm disturbed by no one  
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**BRIDGE:**

This is where I feel calm and safe  
This is where I can express and create  
We need more of these spaces in the world  
So help us to create it now

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